

NETTLEWORTH INFANT AND NURSERY SCHOOL Sport Funding 2022-2023



For the period September 2022 to July 2023 the Government has allocated Nettleworth Infant and Nursery School £17,386 to improve the provision of Physical Education (PE), sport & physical activity in Schools or pupils in years 1 & 2. This funding is provided jointly by The Department for Education, Health & Culture, Media & Sport & is allocated to all Primary Schools. This funding is ring fenced & therefore can only be spent on provision for PE & sport in schools. We overspent in 2021-2022 by the sum of £1580.77. The total sport funding for 2022 to 2023 is £17,386 The Department for Education state,

"Schools should use the funding to make additional and sustainable improvements to the quality of PE and sport."

The funding should be used to:

- Develop or add to the PE and sport activities that your school already offers.
- Build capacity and capability within your school to ensure that improvements made now will benefit pupils joining the school in future years.

As a school, we believe that physical activity has numerous benefits for our children's physical health and wellbeing, increasing self-esteem and emotional wellbeing and lowering anxiety and depression. Children who are physical active, are happier, more resilient and more trusting of their peers. Ensuring that our children have access to sufficient daily activity can also have wider benefits such as improving behaviour and enhancing academic achievement (DfE June 2021)

How should schools use the funding?

There are 5 key indicators that schools should use to measure improvements:

- 1. The engagement of all pupils in regular physical activity. The Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole school improvement
- 3. Increased confidence, knowledge and skill of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

The following plan shows how we are spending this allocation and how we aim to increase pupil participation in sports and PE ensuring sustainability through staff training alongside external providers. Below are details of our School Sport Funding for 2021-2022, including how this will be spent and of the **intended impact** on the children in our school.

Sport Premium Grant 2022 – 2023 £17,386

Activity	Key Indicators	Funding Allocated	Timeline	Intended Impact	Sustainability / Next Steps
To engage a specialist PE teacher (SB) to teach model PE lessons throughout the school. This will include: *working with staff to plan and deliver gymnastics PE lessons. *support staff with the assessment process and with developing policy and practice.	(3) Increased confidence, knowledge and skill of all staff in teaching PE and sport (Linked to PE scheme of work and when Gymnastics will be taught)	£166.46	Sept 2022– July 2023	The children will receive high quality PE lessons each week. Staff will feel more confident in teaching PE. Planning and assessment procedures are in place to ensure children are challenged and future needs are met.	Teachers will be trained to teach gymnastics effectively and this will be implemented into practice, when teaching gymnastics PE sessions.
To timetable dedicated members of staff trained in Forest School delivery to provide regular outdoor physical opportunities e.g. gardening, weaving, den building etc.	(4) Broader experience of a range of sports and activities offered to all pupils	E13,578.54	Sept 2022 – July 2023	Children will access physical outdoor activities on a weekly basis led by Specialist Forest School practitioners (F2pupils 5 x PM sessions)	Staff members (CD/LB) will be able to provide Forest Schools to many children, who will benefit from this during their time at Nettleworth School.
To Improve outdoor provision opportunities through * training Y2 children as Playground Champions (school support) * providing Midday supervisors with CPD to develop playground activities	(1) The engagement of all pupils in regular physical activity (30 mins/day) (2) The profile of PE and sport is raised across the school as a tool for whole school improvement	School support - Teachers to deliver	Sept 2022 – July 2023	Children will participate in increased physical activities during break and lunchtimes.	Equipment will sustainable over time to enable many cohorts of children to access and benefit from it. Training for children and Midday staff will promote a quality outdoor physical play experience
To provide PE and Sport as afterschool / Lunchtime clubs to include PE / Sport study support clubs (at least one per half term) Teachers and TA to deliver)	(4) Broader experience of a range of sports & activities offered to all pupils	School support - Teachers and TA to deliver	Sept 2022 – July 2023	Children are involved in additional PE and sport after school. This will serve to increase participation and the development of lifelong enjoyment of physical activity and fitness.	Children will be able to experience a broader range of sports in addition to taught PE lessons during school. Children will be exposed to new and exciting opportunities that they may

	(5) Increased participation in competitive sport				be keen to take up outside of school.
To continue to integrate THRIVE programme alongside Take Five Resilience Programme in order to promote a positive impact on pupil mental health and wellbeing e.g. Take 5 breathing techniques, yoga, Mindfulness, Rock Kidz, Daily Mile etc.	(1) The engagement of all pupils in regular physical activity (30 mins/day)	£2502.06	Sept 2022 – July 2023	Our specialist Thrive Practitioners (SC & SL) will offer whole school CPD opportunities for staff to support the implementation of interventions. Take Five will be embedded into daily practice in school to support with resilience, health and wellbeing	Children will experience the correlation between physical activity and mental health and wellbeing and will benefit from this they grow, develop and form lifelong positive habits.
To create a school team to participate in competitive sporting events within school and with other schools.	(4) Broader experience of a range of sports and activities offered to all pupils(2) The profile of PE and sport is raised across the school as a tool for whole school improvement	School support - Teachers and TA to deliver	Sept 2022 – July 2023	Children will enjoy being part of a team and competing against other teams / schools.	Children are able to experience a broader range of sports in addition to taught PE lessons during school. Children are being exposed to new and exciting opportunities they may be keen to take up outside of school.
To have specialists providers to offer unique opportunities to develop physical skills alongside a greater cultural awareness and CPD opportunities for staff (Kixx).	(4) Broader experience of a range of sports and activities offered to all pupils	£6057.00	Sept 2022 – July 2023	Children will participate in physical activity through a range of unique workshop experiences i.e. African Drumming, Circus Skills, Indian dancing, Rhythm and Beat ball skills	Children are being exposed to new and exciting opportunities that will increase their cultural awareness and may encourage them to engage in these types of cultural physical experiences outside of school.

Total predicted expenditure: £22,304.06 with an overspend of £4918.06